

Ethnic Instrument 民族樂器體驗之旅 Workshop



地點: Native Cave



導師: Náv

民族樂器工作坊是一個讓參與者有機會學習和體驗不同文化的樂器的活動。

1. 樂器簡介: 介紹異國樂器的種類、歷史和文化背景。
2. 基本演奏技巧: 教授參與者如何正確握持和演奏異國樂器, 包括指法、撥弦、吹奏等技巧。
3. 樂曲演奏: 學習演奏一些典型的異國樂曲, 體驗異國音樂的風格和特點。
4. 即興演奏: 鼓勵參與者進行即興演奏, 發揮創造力, 並融入異國樂器的獨特聲音和風格。
5. 文化背景和故事分享: 了解異國樂器的文化背景、傳統和故事, 增加對異國音樂的理解和欣賞。

課程詳情:

- 課堂節數: 1堂
- 總計時數: 2小時
- 對象: 7歲或以上
- 費用: Mop220/位

課程內容:

- 樂器簡介
- 基本演奏技巧
- 樂曲演奏
- 即興演奏



Studio: Native Cave



Tutor: Náv

Course Details:

- Number of sessions: 1 session
- Duration: 2 hours
- Target: 7 years old and above
- Cost : 220/each

Course content: :

- Instrument Introduction
- Basic Playing Techniques
- Repertoire Performance
- Improvisation Jamming

An ethnic instrument workshop is an activity that provides participants with the opportunity to learn and experience instruments from different cultures.

1. Instrument Introduction: Introduce the types, history, and cultural background of exotic instruments.
2. Basic Playing Techniques: Teach participants how to properly hold and play exotic instruments, including techniques such as fingerings, plucking, or blowing.
3. Repertoire Performance: Learn to play some typical pieces of exotic music, experiencing the style and characteristics of exotic music.
4. Improvisation: Encourage participants to engage in improvisation, unleashing their creativity, and incorporating the unique sounds and style of exotic instruments.
5. Cultural Background and Storytelling: Gain insights into the cultural backgrounds, traditions, and stories behind exotic instruments, enhancing understanding and appreciation of exotic music.



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Hác-Sálato



Asalato，也被稱為非洲手指鼓，是一種迷人的打擊樂器，起源於西非。在這個工作坊中，孩子們將有獨特的機會，不僅可以學習演奏Asalato的基本技巧，還可以親手製作自己的樂器。

我們的工作坊從親身參與的手工製作環節開始，孩子們將獲得材料和指導，製作屬於自己的Asalato。他們可以自由選擇顏色、裝飾，並為自己的創作添加藝術的觸摸。這個創造的過程讓孩子們表達個性，培養對自己樂器的歸屬感。

課程詳情：

- 課堂節數：1堂
- 總計時數：1.5小時
- 對象：7歲或以上
- 費用：Mop250/位

課程內容：

- 繩索的使用
- 組裝技巧
- 基本節奏
- 發揮個人創造力

一旦Asalato製作完成，孩子們將進入節奏和音樂的世界。我們經驗豐富的導師將引導他們通過有趣的課程，教導他們如何用手指握住和操作Asalato。他們將學習各種基本技巧，如敲擊、翻轉和滾動珠子，產生迷人的聲音和節奏。

工作坊注重互動和趣味，融入遊戲和活動以增強學習體驗。孩子們將有機會個別和小組練習，培養團隊合作和協作精神。通過節奏練習和挑戰，他們的協調性、注意力和音樂性將得到培養。



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更多資料

在工作坊結束時，孩子們不僅可以帶回自己親手製作的Asalato，還將對音樂、節奏和文化探索產生新的欣賞。他們將掌握Asalato的基本演奏技巧，並對自己的創作感到自豪。

Course Details:

- Number of sessions: 1 session
- Duration: 1.5 hours
- Target: 7 years old and above
- Cost : 250/each

Course content:

- Use of ropes
- Assembly techniques
- Basic rhythm
- Unleashing personal creativity



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more details

The Asalato, also known as the African finger drum, is a captivating percussion instrument that originated in West Africa. In this workshop, children will have the unique opportunity to not only learn the basic techniques of playing the Asalato but also create their very own instrument.

Our workshop begins with a hands-on crafting session, where kids will be provided with materials and guidance to make their personalized Asalato. They will have the freedom to choose colors, decorate, and add their artistic touch to their creations. This creative process allows children to express their individuality and develop a sense of ownership over their instrument.

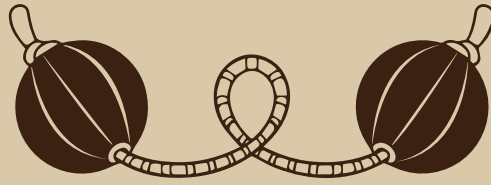
Once the Asalato crafting is complete, the children will dive into the world of rhythm and music. Our experienced instructors will guide them through engaging lessons, teaching them how to hold and manipulate the Asalato with their fingers. They will learn various basic techniques, such as striking, flipping, and rolling the beads, producing mesmerizing sounds and rhythms.

The workshop is designed to be interactive and fun, incorporating games and activities to enhance the learning experience. Children will have the opportunity to practice their newly acquired skills individually and in groups, fostering teamwork and collaboration. Through rhythmic exercises and rhythmic challenges, their coordination, concentration, and musicality will be nurtured.

At the end of the workshop, children will not only take home their handcrafted Asalato but also a newfound appreciation for music, rhythm, and cultural exploration. They will have gained basic proficiency in playing the Asalato and developed a sense of pride in their own creations.



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節奏沙球教學課程 Asalato Workshop

親子班體驗班

堂數: 1堂 (1.5小時)

價格: \$250/每對親子(3對開班)

內容: 製作節奏沙球 · 基本教學

成人班體驗班

堂數: 1堂 (1.5小時)

價格: \$250/每位(3人開班)

內容: 製作節奏沙球 · 基本教學

初階班

堂數: 4堂 (1小時/堂)

時間: 預約時間每堂1小時(需1個月內完成4堂)

價格: \$1000/每位(贈送一對Asalato, 2-4人同行可享8折優惠)

內容: 基本節奏組合 · 基本演奏手法 · 即興合奏 · 技術指導

適合對象: 想增加節奏沙球演奏手法 · 遇到瓶頸位需要人指導 · 想嘗試與其他人一同合奏練習

Parent-Child Experience Class

Number of Sessions: 1 session (1.5 hours)

Price: \$250 per parent-child pair (minium 3 pairs)

Content: Making your own Asalato, Basic Tutorial

Adult Experience Class

Number of Sessions: 1 session (1.5 hours)

Price: \$250 per person (minium 3 people)

Content: Making your own Asalato, Basic Tutorial

Beginner Class

Number of Sessions: 4 sessions (1 hour per session)

Schedule: Each session is scheduled for 1 hour (to be completed within 1 month)

Price: \$1000 per person (includes a pair of Asalato as a gift, 20% discount for groups of 2-4 people)

Content: Basic rhythm combinations, fundamental playing techniques, improvisation ensemble, technical guidance

Suitable for: Individuals who want to improve their rhythm sandball playing techniques, seek guidance for overcoming obstacles, and wish to experience group ensemble practice.

Sign up報名: WhatsApp: +853 65605360



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非洲鼓是一種傳統的西非鼓，具有杯形和皮頭。它以其多功能的聲音和能夠產生廣泛音調的能力而聞名。djembe廣泛應用於傳統和現代音樂中，因其節奏和社交特質而受歡迎。

課程詳情:

- 課堂節數: 1堂
- 總計時數: 1.5小時
- 對象: 5歲或以上
- 費用: Mop220/位

課程內容:

- 非洲鼓簡介
- 非洲鼓技巧
- 基本節奏和模式
- 鼓圈和即興演奏

1. 非洲鼓簡介: 簡要介紹非洲鼓，包括其起源和文化意義。解釋鼓的基本部分以及如何正確握持和定位鼓。
2. 非洲鼓技巧: 教授基本的非洲鼓技巧，包括手掌敲擊、音調和拍打。引導參與者正確的手部位置和姿勢，同時強調在鼓上產生不同音響。
3. 基本節奏和模式: 介紹幾個簡單易學的西非節奏和模式，這些在非洲鼓上常見。逐步分解節奏，注重準確性和節奏感。讓參與者進行個人和團體練習。
4. 鼓圈和即興演奏: 組織一個鼓圈，使參與者能夠應用他們所學的節奏和技巧。引導他們創造集體音樂，鼓勵互動和對彼此節奏的回應。提供即興演奏和獨奏的機會。
5. 總結討論和反思: 以簡短的討論總結工作坊，讓參與者分享他們的經歷和對工作坊的反思。回答任何問題，並提供進一步探索非洲鼓演奏的建議。

Course Details:

- Number of sessions: 1 session
- Duration: 1.5 hours
- Target: 5 years old and above
- Cost : 220/each

Course content:

- Introduction to the Djembe
- Djembe Techniques
- Basic Rhythms and Patterns
- Drum Circle and Improvisation

The djembe is a traditional West African drum with a goblet shape and a skin head. It is known for its versatile sound and ability to produce a wide range of tones. The djembe is widely used in both traditional and contemporary music and is popular for its rhythmic and communal qualities.

1. Introduction to the Djembe: Provide a brief overview of the djembe drum, its origin, and its cultural significance. Explain the basic parts of the drum and how to properly hold and position it.

2. Djembe Techniques: Teach fundamental djembe techniques, including hand strokes, tones, and slaps. Guide participants on proper hand positioning and posture while emphasizing producing different sounds on the drum.

3. Basic Rhythms and Patterns: Introduce a couple of simple and accessible West African rhythms and patterns that are commonly played on the djembe. Break down the rhythms step by step, focusing on accuracy and timing. Allow participants to practice individually and in a group setting.

4. Drum Circle and Improvisation: Facilitate a drum circle where participants can apply the rhythms and techniques they have learned. Guide them in creating collective music, encouraging interaction and response to each other's rhythms. Provide opportunities for improvisation and solo playing.

5. Closing Discussion and Reflection: Conclude the workshop with a brief discussion, allowing participants to share their experiences and reflections on the workshop. Answer any questions and provide recommendations for further exploration of djembe playing.





非洲鼓教學課程 Djembe Workshop

親子班體驗班

堂數: 1堂 (1.5小時)

價格: \$250/每對親子(3對開班)

內容: 非洲鼓介紹, 基本教學

成人班體驗班

堂數: 1堂 (1.5小時)

價格: \$220/每位(3人開班)

內容: 非洲鼓介紹, 基本教學

初階班

堂數: 4堂 (1小時/堂)

時間: 預約時間每堂1小時(需1個月內完成4堂)

價格: \$1000/每位(2-4人同行可享8折優惠)

內容: 基本節奏組合, 基本演奏手法, 即興合奏, 技術指導

適合對象: 想增加節奏沙球演奏手法, 遇到瓶頸位需要人指導, 想嘗試與其他人一同合奏練習

Parent-Child Experience Class

Number of Sessions: 1 session (1.5 hours)

Price: \$250 per parent-child pair (minium 3 pairs)

Content: Djembe Introduction, Basic Tutorial

Adult Experience Class

Number of Sessions: 1 session (1.5 hours)

Price: \$220 per person (minium 3 people)

Content: Djembe Introduction, Basic Tutorial

Beginner Class

Number of Sessions: 4 sessions (1 hour per session)

Schedule: Each session is scheduled for 1 hour (to be completed within 1 month)

Price: \$1000 per person (20% discount for groups of 2-4 people)

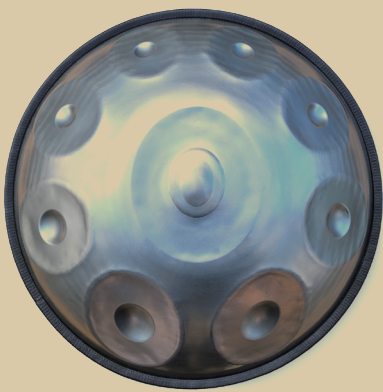
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課程詳情:

- 課堂節數: 1堂
- 總計時數: 1.5小時
- 對象: 7歲或以上
- 費用: Mop250/位

課程內容:

- 手碟簡介
- 手碟技巧
- 基本節奏和模式
- 團體即興演奏

手碟是一種獨特的打擊樂器，具有圓形的金屬外殼和頂部表面上一系列調音音符。它通過用手或手指敲擊音符來演奏，產生旋律和共鳴的聲音。手鍋以其迷人而舒緩的聲音而聞名，在各種音樂流派中越來越受歡迎。

1. 手碟介紹：提供手碟樂器的簡要概述，包括其歷史和聲音產生原理。
2. 手碟技巧：教授基本的手碟演奏技巧，如敲擊、輕拍和滾動。著重手部位置、手指技巧，以及產生不同音調和動態的方法。
3. 基本節奏和模式：介紹幾個簡單的節奏模式，讓參與者可以個人和集體練習。強調節奏感和協調性。
5. 團體即興演奏：組織一個合作的即興演奏會，讓參與者應用他們所學的技巧、節奏和旋律。鼓勵創造力和參與者之間的互動。
6. 正念和放鬆：手鍋演奏常與放鬆和正念感聯繫在一起。工作坊可以包括使用手碟進行冥想和放鬆的部分。參與者將學習創造寧靜和舒緩的聲音技巧，並有機會體驗演奏手碟的治療效益。
6. 問答和資源：留出時間讓參與者提問，並提供資源，如網站或線上社群，以便他們繼續他們的手碟之旅。

Course Details:

- Number of sessions: 1 session
- Duration: 1.5 hours
- Target: 7 years old and above
- Cost : 250/each

Course content:

- Introduction to Handpan
- Handpan Techniques
- Basic Rhythms and Patterns
- Group Jamming

A handpan is a unique percussion instrument with a circular metal shell and a series of tuned notes on the top surface. It is played by striking the notes with the hands or fingers, producing melodic and resonant sounds. The handpan is known for its captivating and soothing sound, and it has gained popularity in various musical genres.

1. Introduction to Handpan : Provide a brief overview of the instrument, its history, and how it produces sound.

2. Handpan Techniques : Teach basic handpan playing techniques such as striking, tapping, and rolling. Focus on hand positioning, finger techniques, and producing different tones and dynamics.

3. Basic Rhythms and Patterns : Introduce a couple of simple rhythmic patterns and grooves that participants can practice individually and collectively. Emphasize timing and coordination.

4. Group Jamming : Facilitate a collaborative jam session where participants can apply the techniques, rhythms, and melodies they have learned. Encourage creativity and interaction among participants.

5. Mindfulness and Relaxation: Handpan playing is often associated with a sense of relaxation and mindfulness. The workshop may include sessions on using the handpan for meditation and relaxation purposes. Participants will learn techniques to create calming and soothing sounds, and they will have the opportunity to experience the therapeutic benefits of playing the instrument.

6. Q&A and Resources : Allow time for participants to ask questions and provide them with resources, such as websites or online communities, where they can continue their handpan journey.





手碟教學課程 Handpan Workshop

親子班體驗班

堂數: 1堂 (1.5小時)

價格: \$280/每對親子(3對開班)

內容: 手碟介紹, 基本教學

成人班體驗班

堂數: 1堂 (1.5小時)

價格: \$250/每位(3人開班)

內容: 手碟介紹, 基本教學

初階班

堂數: 4堂 (1小時/堂)

時間: 預約時間每堂1小時(需1個月內完成4堂)

價格: \$1200/每位(2-4人同行可享8折優惠)

內容: 基本節奏組合, 即興合奏, 技術指導

適合對象: 想增手碟演奏手法, 遇到瓶頸位需要人指導, 想嘗試與其他人一同合奏練習

Parent-Child Experience Class

Number of Sessions: 1 session (1.5 hours)

Price: \$280 per parent-child pair (minium 3 pairs)

Content: Handpan Introduction, Basic Tutorial

Adult Experience Class

Number of Sessions: 1 session (1.5 hours)

Price: \$250 per person (minium 3 people)

Content: Handpan Introduction, Basic Tutorial

Beginner Class

Number of Sessions: 4 sessions (1 hour per session)

Schedule: Each session is scheduled for 1 hour (to be completed within 1 month)

Price: \$1200 per person (20% discount for groups of 2-4 people)

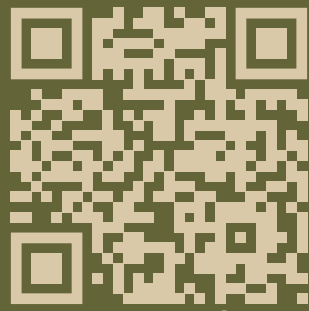
Content: Basic rhythm combinations, fundamental playing techniques, improvisation ensemble, technical guidance

Suitable for: Individuals who want to improve their handpan playing techniques, seek guidance for overcoming obstacles, and wish to experience group ensemble practice.

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